

Paul Solomon Source Reading 9471

A negative thought is a living vibration

Now as to earlier times, your lifetimes which have led to this, you have always been among those peoples who have followed guidance in all that has been given to you. That is, you have lived among those people who have considered the messages which came through dreams and intuition, through guidance, to be more important than that given in a scholarly manner.

You were among the group known as the Senoi who used dreams in that particular manner, and perhaps you will want to look at the understanding and the use of guidance by the Senoi peoples.

In other times, you have been in cultures of Africa in which you used the sacred herbs, sometimes mind-altering herbs, to assist you in attuning to receiving messages, and for pulling spells and what were considered evil spirit or concentrations of evil energy which, in this day and time, you might like to think more in this way: That a negative thought is a living vibration. A negative thought is an evil spirit. A negative thought will cause a physical change in the body such as the contraction of a muscle.

Now you have in the body an evil spirit in a knot in the body. All dis-ease is caused in this manner.

Now it should be seen in this time that revolutionary medicine, the newest understandings of medicine will realize that such as were called witch doctors who spoke of embodied evil spirits were not in any way incorrect. It is, in fact, very advanced, sophisticated understanding of medicine and healing. But it should be understood that it is the creative power of the mind and the way that the mind thinks that allows these evil spirits or negative presences to embody themselves in the physical body.

Consider your mind a temple, a temple of God. Cast out of it all negative thoughts which can cause stress and worry. And you can, as you cast out of yourself, you can learn to assist others in the casting out, and it is done by release. Bless and release. Release evil by releasing the knot of tension, of hardness, of that which becomes embodied.

Paul Solomon.