

Self Love Heals

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Learn the principle of the innate healing, of the observer part of the mind.... There is an innate portion of the mind that is the seed of God in self. This highest part of the mind does not get caught up in or concerned with the affairs, concerns, worries, agitations of daily life. It simply observes and finds somewhat interesting the emotional concerns and conflicts in which the conscious mind can participate, producing agitations, anxieties, [and] excitement. And this portion of the mind, this Source of mind knows well that it is alright.....

...Let a part of your ministry of healing be... to teach that within everyone ... is a complete and whole and perfect presence of God or the Christ within, who is alright. And only to the extent that attitudes and emotions and beliefs are out of harmony with this inner Christ, to that extent there is disharmony in the body.

The purpose of acupuncture and all other natural forms of healing is to restore the balance, the flow, the contact and connection between the extent of the body and its Source in the mind. Become a teacher of self-love and self-worth, for those who have physical frailties tend to feel that they deserve them. [They] tend to feel a sense of guilt, a belief that the symptom is something of a punishment. Seek to dispel such beliefs, for there is no one who deserves to be sick. It is a misunderstanding of the Law of Karma, that people should think that they deserve their symptoms, or that they are experiencing a punishment. All deserve to be in harmony with God. And it pleases God when all are whole.

We maintain disharmony only when we insist on continuing to condemn the self, to feel inadequate and wrong, as if we deserve the results that we get, because we have in some way lived in a wrong manner or thought in a wrong manner.

While it is true that wrong thinking and wrong living can produce results, it does not mean that we deserve to live with the results. It means only that we need to begin thinking in harmony, in appreciation for self. That we must in the present moment totally enjoy life. For to experience joy of life is to compliment God on His creation.

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