

## Mind

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Realize that that which is known as the brain and the electro-biological impulses that operate this mechanism have little to do with that which is called the Mind. These must be separated. You must realize that they operate independently.

(Their separateness is) demonstrated by the fact that those who are damaged or seem not to have a functional brain, those who cannot compete in these areas (of the intellect) still are here to manifest life purpose. (A part of the purpose of those who are born with such physical and/or mental condition) would be to cause love to well up in those who must care for them. They would be catalysts that would cause relationship between two people, for this is a need in their own spiritual growth.

There is Perfect Mind behind this. There is living soul, living spirit. The soul has purpose in its manifestation even if there is not the function of the brain on the physical level. Now, these things must be understood.

That which operates the body, those planes above the body, are planes of pure spirit. The Mind is the spark of the Divine Godhead.

Now in understanding this, all problems concerning the Mind and concerning the body may be understood, for there is no disease that is not the result of sin.

This one has rejected that concept that is labeled "sin." This word is a perfect word used by the Master for the reason that it expresses that which comes into the life, that is the root of all disease. The root of all imbalance in the body and in the Mind is the manifestation of sin.

This has been associated with many other thoughts in this one, and there is a distorted idea of what sin would be. Realize that sin manifests as imbalance within the individual.

The physical body then should be seen as nothing more than a vehicle for the expression of that which we cannot see, that which we have yet failed to relate to. When the physical body is seen as only a vehicle that is being used and when there is realized that the Self, that which is True Self, is not limited by the limitations of the body, then there will be the pure expression of Self.

Now this one has come asking, "How can this be so? How can I manifest in this manner? How can I realize the use of all these vibrations?"

It is realized that there is a promise given of God that all that may be known within the entire universe is known unto you and is available for the tapping. And this one is aware that if there were the ability to produce complete attunement, that there is nothing that I cannot know even instantly....

The problem is that there has not been the ability instantly to attune in this manner and to realize these things. There should be given then the formula, the realization, some means to turn inward in this perfect manner, so that there can be the listening. For this one it would be important to say that there will not be the teachings from outside sources, not from any outside sources that would bring then the realization though there will be the classes that may be taught, there may be the disciplines that would be learned and studied.

Then learn the meditation techniques, ... the going deeply into the self during the times of meditation. It would be well for this one to fill the bath tub with water and sit beside it, not in the water but near it, for the bringing in or the raising of the level of the electro-biological vibrations that would surround self. And in these moments there would be produced a seed thought or a seed word that would be for the attunement. Or that would be the affirmation to self, that, "I seek information on these levels and don't wish to go below these levels."

Then there would be the breathing in of the surrounding prana or light, the life force that surrounds self, and should be visualized in the mind as pure essence of light.

Now in the deep breathing techniques and in the surrounding with water, there would then be the periods of quietness and this will be ever longer and longer during the manifestations during the day.

Now there is nothing that can be read, there is nothing that can be taught that would give more complete realization and instruction than these periods of silence for this particular one. .... This one would be able to turn inward, inside self and see the entire universe manifest within a single individual.

For this is what each individual is -- a manifestation of the entire universe. For the understanding of self is the understanding of the Universal God Force, you see. Seek then these periods of attunement in the silence

Now all that would come for this one as teaching would come from within and will come in these quiet attitudes, these quiet moments when there is sitting still and alone. Realize that meditation comes alone and is not an exchange between two people.

.... For there must be the integration of all the teachings of all the masters for this one to be raised to higher planes.

.....Realize that there are the masters, there are the teachers ever near attempting to bring those spirits, those things of spirit, the realizations of all that needs to be known in this heart.

Now claim that promise that has been given, "I will bring to thine remembrance all things that are needed in the existence from the very foundations of the earth."

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