

## **The Ruby, Vibration of Red, for Healing**

Question: What colors and stones should I wear to change my aura?

Answer: Would be important that this one would wear a ruby, polished and cut, that would give forth those vibrations of red that would be as healing. However there should be a great deal of green, those brighter greens, though deep, and wear a great deal of white, particularly in the pants or on the lower part of the body.

Wear always white socks and the white trousers, that these vibrations may be lightened, that there would be attention called to this area, as it is the process of growth.

Above all, believe, and use these colors. As you would look at the ruby, as you would wear it, see this energy as part of self and reflect it. And this one who has doubted the power of stones, or the difference that it would make, will find that gazing into the depths of the ruby at times will even be too much energy to bear and will turn away. Then as thou have seen, so shall project to others and share this energy.

**Paul Solomon Reading 0146 – LH – 0024 – MA – 0002 – JDE, Atlanta , Georgia , March 14, 1973**

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