

## Color and Fabric

Paul Solomon Reading 0616 – L – 0502 – FA – 0001 – KG, New York, New York, May 27, 1975

Learn and identify and feel and catalogue each shade, tint, and nuance of color. Begin and work through the spectrum with shades and tints and variations of colors and write comments concerning them. Look at the color and express that you feel and that color will say to you.

Now having expressed feelings and ideas, patterns and emotions concerning individual colors, then begin setting up charts and combinations of colors and see the tempering influences and the differences saying, "As this color combines with this, there is produced this feeling." The feelings of motion and emotion, creation of this or that. Do they become warm and adjusting or subdued and cool, you see.

Now take that we've given from these records concerning effects produced both in the physical, in the mental, in the emotional, and spiritual by the effects of color. Much has been given and much more will be understood both individually and in combination, in the tempering influences. Then concern the self somewhat with fabric and the production of feeling and the enclosure, that effect upon the aura and such and to understand the natural fibers both from animal original and from the plant, of cotton and such. These have adding or magnifying influences upon that produced about the body. Those of artificial fibers especially those that are less porous have a tendency to restrict, to hold within, to subdue the reaching out of effect from within and especially if so designed as to cover the greater portions of the body.

Then in a gathering of those wearing such apparel, you'll find little blocks and lines of separation in their attempt to communicate and become close. In a gathering of those wearing cottons and wool and such, natural and breathing fibers and such, you'll find a reaching out and an exchange of force and energy fields. A greater understanding between the mind and hearts of these, you see, an opening to one another.

Where fear is expressed, you'll find great portions of the body covered, great portions of the field around the self separating one from another so that in great masses of humanity, as you have in this city, there is preference for that which separates, that holds into myself and feels closed off or protected from those about.

In those areas or civilizations, cultures, in which men freely communicate with one another, little is worn and that is worn is that of conductive or conducting fibers and fabrics and such. Keep all these things in mind.

Only a few rules of thumb here. Would that we could give you volumes and volumes of that that is a possibility for working with clothing. Would you see it as a ministry. Would you see it as an opportunity, a challenge.

We've not scratched the surface of that you could do with clothing and with design, with communication between individuals going far beyond that you've even considered as a possibility of designing fabrics and clothing and apparel for those.

But do begin a study and prepare and submit such questions as we might bring further and further comment concerning these things until there be established a greater understanding among you.

© 2007 The Paul Solomon Foundation