

# Food For Thought

## Excerpt From A Lecture Given by Paul Solomon 1993

The Source has constantly said, "The greatest prophet that you have among you is your recorded history. If you could learn from reading history you would not need the prophets, because history has repeated itself again and again and again." Very predictably, as a matter of fact. Every time there has been a long period of prosperity, it has immediately been followed by a period of extreme famine. As the pendulum swung to one extreme, it then swung back to the other extreme. Only when it was near the center did it remain near the center. Can you see, if you experience one extreme, then you can very well expect that the other extreme must be coming?

We have just experienced the greatest extreme of prosperity that the world has ever known. The opposite has to be coming. Even if you don't believe in prophets and psychics, you can see it simply by the demonstration of the fact that we live in a world of polarity. We don't like to say that there is good and evil, there is light and darkness. We don't like to recognize the negative side of our world. But we have descended into matter and as long as we are in matter, we have to deal with the Laws of Polarity, even if it isn't real, even if it is only an illusion.

We talk about maya and the worlds of illusion and love to believe that it isn't real, and it isn't, except as long as you live in it, as long as you live in maya, maya is your reality. And as long as we live in a world of polarity, then we have to experience polarity. We have to recognize polarity and deal with the law, because as Jesus said, "Only by becoming the law, by becoming one with law, only by respecting the law do you rise above the law." Once you have satisfied the law, then the law has no more hold over you. That is, when you rise above and experience the fact that this is maya, the world of illusion, we can rise above it. As long as we are in it, as long as we are in the plane where we can recognize polarity, we must deal with polarity.

Polarity says that we must also experience the opposite of those things that we have experienced. What we have experienced in prosperity, we must relate to its opposite in order to appreciate the prosperity. We have seen the one side and we cry out that it isn't fair that God should expose us to the other side, and yet, that was not our reaction when we were experiencing one extreme. We didn't complain about the extreme of prosperity – but the extreme of prosperity was only the point of reference for the other side. In order to experience one, we must experience the other for balance.

Then there is the fact that we see the things that have been predicted coming to pass already. I think you can say that the city of New York, in spite of all of its problems, especially financial at the moment, is really a focal point for what is going on in the world.

There is a man who moved a spiritual Fellowship to New York from South America a few years back and he gave us his rationale: the fact that New York is a barometer for the world right now. If one is going to establish a spiritual Fellowship, it should be established there because what you experience in New York will be experienced through the rest of the world, only a bit sooner in New York. If it happens in New York, you can be sure that it will happen in the rest of the world shortly thereafter; New York being a barometer in that sense.

Then as a barometer, what is going to happen in New York now with this economic crisis? Is it possible that it is going under?

I think that we can see that while the president may at this point be standing against any federal aid to New York – not wanting to commit the nation to saving New York because that would create a bad precedent, and so on – the fact is, when the point comes, there is nothing else that can be done, all of those who have any power at all are going to use every power that they have to save New York. So I don't think that we can experience or we can expect to experience a real crash in New York in the next few months.

However, what happens when we do swing all of our rope to saving New York? The funny thing is that anytime we put all of our energy into one place, a whole lot of little holes start appearing in other places, and when that happens, we have averted one panic and have started creating a panic in all of these other areas; in the last few years we have gotten into a frantic, extremely frantic balancing act.

In economics, in our spiritual growth, in medicine, in every field, right now everything is being raised to such a pitch that we are frantically scrambling to cover the little holes here and there that keep breaking through the fabric. All of this leaves for us the greatest prophecy – without our psychics, without our seers, without our prophets telling us.

The greatest prophecy is to be seen in what is going on around us, and any intelligent man, looking at what is happening should be preparing in some way. And what is it we are preparing for, and how can we prepare for things so nebulous?

Looking back again on history, when Atlantis was experiencing its last days, there were prophets and preachers running around saying, “We have reached a high pitch of power and our power has become greater than we can manage. It is getting out of hand. Destruction is coming from this power, and our entire nation, the world as we know it, is going to be destroyed and we must prepare.”

And the people said, “You are prophets of doom. You are telling us to get rid of these comfortable things that we have developed here in our country and go out into a wilderness somewhere and establish new communities, new homes. A just God would never allow those things to happen.”

Now a few people believed, and those few people left Atlantis and went into areas that the seers had said would be safe places. But the most interesting thing is that they didn't depend just on the voice of the seers. The greatest mathematicians, engineers, geophysicists of the time marked a spot. They marked the spot scientifically that they said would be the safest place in the world at the time, and there they built a place for the storage of records. It was mathematically perfect. It was not given through a psychic reading, although a reading, an inspired reading, inspired it. The message was taken from the prophet and passed to the mathematician, the architect, and to the technologist, so that there was a marriage of science and spiritual growth – or it might better be said that there was no separation between them.

Those people who were attuned realized that you could not put spiritual life in one corner and material life in another with a separation between the two. It is only spiritual when they are married. So, in medicine, there is no treating the physical body without the spiritual consideration; in times past doctors were priests and had to be because they were channelling spiritual healing as well as physical healing.

Architects were attuned and considered the spiritual suggestions and properties of buildings. Technicians were spiritual technicians; no man attuned to God would think of allowing another man who didn't recognize his technology as a spiritual tool to work on his building. There had to be a marriage of the two; they had to be brought together. It is not possible to say that it is better to be spiritual than to be technically perfect, or that it is better to be spiritual than to be scientific in our approach.

Our polarities in this time have become so one way or the other. We have pulled it apart so that we have lost sight of the other reflection of polarity, or the other side of the Hermetic law that says: "Where there is one end and another end, there is also the same thing in the middle." What we are dealing with is the rod that goes from one end to the other. We are not just dealing with the ends. We must bring them together.

It is not a matter of choosing whether we should listen to the scientists, the geophysicists – the people who are looking at the laws of this plane in order to understand earth changes – or whether we should listen to those people who deal with the spiritual world. Let's believe those people who bring a marriage of the two. Understand that any law that is reflected in the material is just that, a reflection of a spiritual law, and it is absolutely impossible that they could disagree. If one person is right and the other person is saying something different, then he has to be wrong.

What the scientist finds through proper recognition of material law must be a reflection of a spiritual law, and where there is a disagreement [between what the scientist says and what is prophesied], there is something wrong. One or the other must be wrong because they are reflections of the same thing. They go together.

Then what do I do with that in a practical way? How can I approach it?

If you are opening honestly to your inner nature and looking for truth, don't react to anything that seems foreign to your inner nature. Now what I mean by that is some people will react by moving to the mountains. Some people will become a part of a community because they want to separate themselves from the world. We can see a good example of that if we look back in history.

There were, just before the birth of the Master Jesus, some people who became Essenes. Before they came together they were living in Jerusalem, in Nazareth and Galilee, and they all had the realisation that what they were finding in the temple, in orthodox religion and daily life, was not satisfying their need. They could not practice all that they needed to practice for total attunement. The people who felt that way withdrew – not because somebody told them this is what they should do – but they withdrew from the cities and gathered at Carmel and began to establish a spiritual community.

Now if that community had been established because a prophet or a seer said it must be done, it would have lived as long as that prophet or seer lived, and then it would have collapsed. But it wasn't built that way. It was built by the people, because they themselves felt the need to withdraw.

So it must be in this time as it was in that day. Even when the Essenes gathered around Carmel and built their community, hospital and School of the Prophets, at the same time there were other people who were attuned to expecting the Christ. They were developing and preparing themselves, but they were preparing in a different way – according to their own inner calling.

Now that is the important thing that I am trying to say. When we asked the Source, "Should we store food? Should we get to the mountains? Should we build places to store it?" The Source has answered, "Look at the periods of history that preceded this. What happened?"

One of those periods of history was when Joseph was in Egypt and he received a prophecy very similar to those that we are getting today. The seers, the prophets of today are saying that there is a period of famine coming. There is a period of extreme lack of things that we need, food, money, economic shortages. Joseph said in that time, "The interpretation of the dream is you have had seven years of plenty, now you are going to have seven years of famine."

And the same questions came up then that are coming up today. What do you do about it?

And Joseph said, "Build storage bins and save food." He didn't go preaching it to the world. He preached it to Egypt. The most important thing that we can learn from that lesson is that when the food was stored it became a supply house for the world.

Anyone who in this time hoards food for himself or material things of any kind for himself, to prepare himself without thinking of those who are less fortunate, doesn't know the truth and is not prepared. Those who hoard things for themselves will lose them, and it will have done them no good.

Those who try to prepare with the specific purpose in mind of being servants to those who are the children – now the children are those who will not recognize the truth, and those are the ones that become our responsibility. If we would like to say, "They didn't prepare, and so it is their problem," then our attitude is wrong. If I can see that, then the fact that I have recognized truth gives me a responsibility for those who do not recognize truth, and I am then put in a position of being a steward of the Father's goods.

That essentially means that those of us that recognize that there is a time of shortage coming should be preparing ourselves to in some way help those children through that time, knowing that this earth still has plenty, and will yield plenty even through the worst times, if we become responsible for distributing that plenty properly.

How does all of this become practical? I think it becomes practical in this way. I think we must learn in this time to turn inside ourselves and know that when we get answers we are responsible to act on them. So many of us would like someone else spell out what we should do. To have a channel say, "This is a plan of action."

But I feel that in spite of the fact that a lot of that will come in the future, the other side of that is that if it were done in that way we would be robbed of the most important asset that we must have during this time of change, and that is our own ability to respond properly to what we find within. That is going to be our most important asset, and if we are given the rules, if we are told what to do, we will develop less and less of our own ability to recognize what to do.

We have already been told what the need is. Do we need then to be told how to meet it? If we do, then we are not very prepared in ourselves to respond. The time now is for us to take what we have been told and respond to it.

What we have been told is this: The time of plenty has come to an end. It is finished. Not next year. Not five years from now. It is already finished. We have entered the decline now of economics, of food, of all of the assets of this Earth. We should not say there will be an energy shortage or there will be a shortage of land and food and this and that in 20 years. We should be saying, "We have overused the resources of Earth already." We should start responding right now as if the shortage has begun. We should right now be using the earth

in a better way, not waiting for the last crash, because when the last crash comes, it is too late. We should begin right now to place our values on things of value, and living now as we will live when things are shorter and shorter. We need to begin now to tilt the balance the other way. The period of plenty is at an end.

Through this period of the pendulum swinging the other way, we will experience greater polarity, a greater recognition of good and evil, right and wrong. In other words we will now experience the dark side. We must experience some loss, some deprivation, and every moment of that experience should be used as if it were exercising a muscle, as if it were developing something within ourselves. It should not be seen as a punishment; it should be seen as a tool that is preparing me for something that is coming. Think of it as a period of night that is going to break into morning very soon, and know, that unless I get all that I can get from this period of night, I won't be prepared for the morning.

Now essentially this period of deprivation that we are going through is as the Source has described the pains of labor, because earth is giving birth to a New Age. During the period of labor we should feel like parents, expectant parents, about to have a new child. What do expectant parents experience? Pain? No. Delight, expectancy!

We should feel exactly that we are the expectant ones, like the Essenes. We are the pregnant ones that are giving birth to a New Age, and the contracting pains of labor should be pains of delight, saying this is a sign that a new day is coming: the birth of the New Age, the birth of the messiah, and the birth of peace. The closer every contraction, every deprivation, the closer the birth.

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