

## Family Relationships

Paul Solomon Reading 0759. January 30, 1976

Question 1: In my last reading, I ask about..... I now ask for guidance in understanding my relationship to the individual members of my family and in what way can I be helpful to each in their growth?

Answer 1: Yes, yes we have the records, witnesses and relationships here. And as already given, these have been drawn together as a unit that they might be catalyst one to another for the development, soul growth, that one might touch the other with the accumulation of his experience of the past and have that affect of tempering the other with what might, may be brought.

Then as well, this one, ...(Name)... brought into the unit, the family, for a number of purposes in relation to family members. First, with the sister, quite a number of relationships from the past have built effect that must be faced in the present. For there is more than the usual or expected rivalry here built from earlier time. For in past relationships, she has been both wife and mother to this one, and in those relationships some resentment formed for a tendency to be nagging, insistent, somewhat domineering or demanding and picking at details.

Now while not so much aware consciously of the source of such antagonism here, he has a feeling, an underlying feeling of expectation of love. That is, that he should feel family love and such. And yet at the same time, some underlying resentment. This is not to suggest that there is no love. For it has built and does exist and will grow, will be more evident, particularly much later in the maturity. These relationships will, of course, form a greater strength, understanding, less of guilt or accusation, in the growth.

Passing through the most difficult period of it right now. But not, not so much with the sister as adjusting to all about and the values of those about. Feels rather as if everyone else can adapt to acceptable values and practices easier than he, and feels that there must be something different about him because of it. The sensitivity of course is obvious, but so is the tendency - his - to attempt to disguise it under hardness, feeling somewhat weakness within himself.

Now one of the purposes then of being brought into the family unit in this time is the rectifying of past relationships with the sister, and of course a great deal of that responsibility karmically will lie with her. But now for this one, the seeker, in relation to, would do very well if you spend a period each evening and morning, the first hour to two hours of sleep at night, the last hour of sleep in the morning, would do very well if you sit in meditation, communicating mind to mind with his mind during this period of least resistance.

Now this word of warning. Do not, during this period, attempt to suggest what he should or should not do in actual activities. Do not attempt to alter his free will. At the same time, you can and should spend this time assuring him of your love and concern, your support.

Now concern not in the sense of anxiety at all. Let it not be felt either during this period or wakeful states, not an anxiety. But express a confidence in him, in his ability to function, to form relationships, to fit in, to express an assurance of love, an assurance of his ability to accomplish, to succeed and such.

Not saying you will succeed. Not suggesting you will do this or that. But, "I see and recognize and have confidence in your ability to do these things."

There is needed here a period of communication, of reassurance, that he'll not allow so much verbally. But a building of a bond at a deeper level. Especially confidence, must feel accepted, trusted. You have a natural ability as a healer, but it needs this receptivity. It needs this time of lack of resistance to reach those levels of body, mind, as will give the help and support that he will need to adjust.

There is a time here of rebelliousness, of demonstrating independence, and too often, frustration shows in those who should be strong and examples. Anxiety too often, you see. Let this period then, morning and night, especially while he is sleeping, rested, and receptive, let it be a time that he will receive love, care. Hold his image in your consciousness. See the self touching him. See him receptive and receiving the love and warmth and gaining confidence. Now watch for a change as well. You'll see it. A demonstrated difference. Needs to build a great deal of confidence. Need be given confidence, for that sometimes appears as confidence better described as over-compensating attempt to assert the self.

Now as to relationships from earlier times, you have known, not related in this manner in earlier time. But the choice was that you might help, lift, heal, provide some of the confidence that you will find yourself in the Master. And at a time when he begins to relate in a different way to life, when the needs are his own and when there is a need, he will remember that strength you rely upon, that power, not from your teaching him the nature of the power of God. But where he sees a strength that is real affecting your life, then will he realize. Not from any teaching. Not from any word. Only from seeing it work.

Question 2: How can I be helpful to ...(Name)...?

Answer 1: For this one in the sharing, patience, confidence, support, that she may develop patience as well. You've been sisters in an earlier time, and there is even a rivalry of sorts here. Because of that, often feeling that she is as old as you. Passing as well this period of the development of independence, independent action, a need for independent expression. And well that it be developed. Freedom, within guidance and confidence.

Attempt to build and always show warmth and love. She has an ability to express warmth and receive those even of lesser opportunity than self. And is an asset, and can be in the teaching, in her expression, as she begins to give expression to self in working, in career and such. For she will pursue these matters and would do well in teaching, in health related fields. Teaching, nursing and such would do well, though that is not necessarily the ideal at this time.

Build, build the strength in the family in that manner already given. Periods of meditation, seeing drawn together, for these all have been drawn from much earlier periods for purposes of relating to one

another in this day, in this time. And the time together must not be wasted. The developing of independence and going out is important in the development of personality and strength. But it is as well true that the unit, the family, the love expressed as a unit is a primary reason for these returning together in this time. There is somewhat a unique ability in both these parents to allow for the independence of expression. But perhaps a bit of feeling of helplessness in expressing a depth of love and be physical in the expression. Afraid to express. So that she will learn to reach out even more, particularly in those times when she need reach out to touch others in love. Less inhibited in that manner.

Question 3: How can I be helpful to ...(Name)...?

Answer3: It was already said from these Sources that the greatest way to show, to demonstrate, to teach the presence and the reality of the Christ force in this world is to let the effect upon self be seen. This one does not lack for ability to understand the concept of such a presence, nor to see the effect. Then let the strength of the relationship with the Father and the ability for the healing be so much a part of the life and your sharing with one another. Let it be so much a part of the comfort to self that there is a noticeable effect in this. That the difficulties of life, problems, worries, concerns and such are demonstrably lifted by periods of taking them to meditation and releasing. Let the effect of that release be seen.

Imagine the effect that as often as you set the self apart, disappear here into a room for the meditation, that you reappear again obviously lifted, refreshed, renewed, happier. Can any man then resist asking for himself that he might have more of that you've found?

But even then not of the concept or the teaching, not ideas, doctrines, dogmas would you share. But the effect. That is the lifting, even the technique, for these will and would be helpful to all who might find that effect. And it is through that, your own life that you demonstrate the effectiveness of the power of Christ, the effectiveness of prayer, the effectiveness of healing in self. And in touching the young ones, such a great encouragement will come here. For here is one already much aware of the force in the world that is the Christ, much aware of the caring for others that make men grow. And the application need not so much be called or referred to as religious or spiritual, if it is. See the ability of the depth of this one and his relationship with others. Recognize it, and show that corresponding effect within the self.

Now for touching all of this family and all others about, you've an ability to do that, to show the difference from the refreshment of touching the hem of the garment of the Christ. As you set the self apart in prayer, meditation and come forth then again with the radiance of having been with Him. And even as you've grown, through touching these times the presence of the Master, so as you grow further from these times being with Him intimately within, so you'll be more and more effective touching the lives of both these young ones and the mate.

More effective in living your own life, more effective in touching theirs with a confidence, with showing that there is this which works, lifts the life, makes it happy.

For they seek. They all seek, seek a satisfaction and expression of self. And particularly ...(name)... now is going to try some other ways for attention, for expression. Let not much of the anxiety be seen, even during the more difficult of these times. But let it be demonstrated, your faith, your strength, your confidence in the ability of the Christ to deal with these.

Let him see an alternative. For understand this. If one be caught up in the ways of the flesh, the ways of this world and be hurt and disappointed in it, finding himself deep in trouble, if he then from his perspective look at those who call themselves the children of God and see in their faces the hurt, the anxiety, the depth of disappointment that he himself is feeling, where is the comparison? What has he been offered as an alternative?

But if even during his deepest despair, mistake and error, he sees the face of serenity, the face of one whom the Master has promised, "I'll take care of these things." One who believes the Master when He said that, then he'll see something I have not. This one has something that will sustain even during these darkest and difficult times. Now that is the confidence that you came into this life, this time, to learn and project and demonstrate to others.

It's that you've sought. For you've sought in this time a perfection, a lifting beyond the cycles of return. You've looked for a fulfillment, a means of growth, a manner of expressing the presence of Christ even greater. You've sought a means of development and service. This is that we attempt to express here, that you seek to do.

Experience the Presence of the Christ, so real, so close, so sure, so confidently that if you should say to one in the deepest trouble of illness, sickness, or whatever difficulty, if your words should say, "I'll pray for you," that one then immediately, because of your confidence in your prayer, that one would be lifted, sharing that same confidence.

But if prayer be offered in the sense of "I'll beg for you," or "I'll pray for you," said in such a way that sound a bit hopeless, then what has it accomplished?

Learn to have such confidence in your prayer, your reliance on the Christ, that others feel confidence through it. Particularly all of the family. This is what you've come together for in this time. This is the reason you've faced one another and seen one another.

Now there is also that strength of independence and expression that ...(Name)... as above should seek, should share, should accept from this one, the father. Yet hasn't related so well as yet. But was a purpose for being drawn into this family unit. Look to that development as these open and look for changes in these two years, these maturing times. Changes of attitude, one toward another, a maturity, a growth, a help. And provide the confidence, the strength that can bring it.

Now that then is sufficient for the study of these together or the inter-relationship of this group, this family and purpose in this time. We are through.